

Canadian Lightweights

In a class of just three contestants, it was left to Edmonton local Petra Lemke to snatch the Canadian title for the province of Alberta. A veteran competitor, 36-year-old Lemke was the Alberta Provincial LW champion in 2000. The LW victory was a sweet one for the 5-2 Lemke as the former cross country skier and cross country runner finally earned the national lightweight crown after finishing third at two previous Canadian Nationals in 2001 and 2002.

Runner-up Carmen Tocheniuk of Whitecourt, Alberta, showed a remarkably delicate muscularity with just 109 pounds on her 5-3 frame. As many in attendance noted with regard to Tocheniuk's looks, she bore a striking resemblance to supermodel Cheryl Tiegs in her younger years.







Carmen Tocheniuk

2004 Canadian Championships - Official Results

LIGHTWEIGHTS

- 1 Petra Lemke, Alberta
- 2 Carmen Tocheniuk, Alberta
- 3 Leslie Epp, Alberta

MIDDLEWEIGHTS

- 1 Nicole Ball, Alberta
- 2 Nadia Nardi, British Columbia
- 3 Sherrie Agius, *Ontario* 4 Ellen Partnoy, *British Columbia* 5 Carmen Unger, *Manitoba* 6 Jody Wald, *Alberta*

- 7 Cheryl Wozniak, Saskatchewan 8 - Roseanne Blackburn, British Columbia
- 9 Kandy Thomas, New Brunswick

- HEAVYWEIGHTS
 1 Louise St.Pierre, Quebec
 2 Autumn Raby, British Columbia
- 3 Pamela Howard, Ontario
- 4 Sherry-Ann Dillon-Jacobs, Ontario
- 5 Jessica Oscroft, Alberta
- 6 Grete Clary, Alberta
- 7 Angela Pietramala, Alberta
- 8 Kim Emde, Alberta

MASTERS

- 1 Sherrie Agius, *Ontario* 2 Sherry-Ann Dillon-Jacobs, *Ontario* 3 Ellen Partnoy, *British Columbia* 4 Petra Lemke, *Alberta*

- 5 Grete Clary, Alberta
- 6 Leslie Epp, Alberta
- 7 Kandy Thomas, New Brunswick
- 8 Lore Schwuchow, Alberta

JUNIOR

1-Cindy Phillips, New Brunswick